

Summer Noodle Salad

Salad Ingredients:

- 8 cups fresh greens of your choice, chopped (I recommend romaine)
- 1 zucchini, spiralized
- 1/3 cup celery, diced
- 3 strawberries, sliced
- 1/3 cup cherry or grape tomatoes, halved
- 1/4 cup mango, peeled and diced



Dressing: Ingredients:

- 3/4 cup soaked raw cashews
- 1/2 cup water
- 1 tbsp fresh lemon or lime juice
- 1/4 – 1/2 tsp salt
- 1/4 cup fresh basil
- spicy pepper, to taste (optional)

Instructions

1. Prepare salad ingredients and layer in order listed in large salad bowl.
2. Make dressing by blending all dressing ingredients in high speed blender until smooth.
3. Dish up your salad, add dressing and enjoy!