

# Fruit Guacamole

## Ingredients:

- ▯ 4 Ripe Avocados
- ▯ 1 small sweet onion
- ▯ 1 small tomato
- ▯ 1 jalapeno or 2 tsp. red chili flakes
- ▯ 1 cup cilantro
- ▯ 1 lime juiced
- ▯ 1/2 tsp. pink salt
- ▯ 1/2 cup red grapes diced
- ▯ 1/3 cup strawberries diced
- ▯ 1 small mango diced



## Instructions:

1. In food processor, pulse onion, tomato, jalapeno, and cilantro to make pico de gallo.
2. Using fork, smash avocado to desired texture (I like mine with small avocado chunks).
3. Mix pico de gallo mixture with avocado and stir.
4. Add lime juice and sea salt.

5. Divide guacamole into three portions.
  
6. Mix chopped fruit separately with each portion of guacamole to enjoy grape, strawberry and mango guacamole.
  
7. Serve with organic blue corn chips, raw crackers or vegetables.