

# Carrot Salad

## Ingredients:

- 2 cups grated carrots
- 1 medium bell pepper (not green)
- 6 cherry tomatoes
- 2 Stalks celery
- ½ medium red onion
- ½ cup parsley
- ½ tsp unrefined sea salt
- ½ tsp kelp
- 4 Tbsp almond butter



## Directions:

Finely chop the pepper, celery, onion, parsley and tomatoes, and place in a bowl.

Finely grate carrots and add to the vegetable mixture. Combine almond butter, salt and kelp to the above vegetable mixture. Mix well to marinate and allow the flavors to blend.