

Chronic Condition

The body is constantly wearing itself out. You make new cells in your retina every 48 hours. The lining of your intestine is replaced every three days. Your skin is replaced every six weeks. Your liver is replaced every eight weeks. Your nervous system is replaced every eight months.

Chronic Disease Occurs When You lose the ability to make new cells that work.

So that leads us to the question, "What does it take to make new cells that work?"

Cells are designed to run at -25 millivolts but it takes -50 millivolts to make a new cell.

Chronic disease occurs when voltage drops below -20 millivolts. As voltage drops, these things happen:

- Cells don't have enough energy to work correctly.
- Chronic pain is caused by low voltage (low pH). Over 70 medical studies support the knowledge that pain is caused by low voltage (low pH), e.g., Woo YC, Park SS, Subieta AR, Brennan TJ Changes In Tissue pH And Temperature After Incision Indicate Acidosis May Contribute To Postoperative Pain. In: Anesthesiology (2004 Aug) 101(2):468-75.

Other undesirable things happen when voltage (pH) drops. They include:

- As voltage drops, the amount of oxygen in cells drops, switching from aerobic (oxygen-available) metabolism to anaerobic (oxygen diminished) metabolism.
- With anaerobic metabolism, one unit of fat makes only two molecules of ATP whereas with aerobic metabolism, one unit of fat makes 32 molecules of ATP.
- With anaerobic metabolism, microorganisms begin to grow and put out toxins to dissolve our cells so they can eat us.

To resolve each of these issues, one must raise the voltage (pH) by whatever means that allows you to insert electrons into the system, including alkaline water, raw fruits and vegetables, sunshine, moving water, exercise, etc.

Voltage is controlled by:

- Thyroid hormone and adrenal hormones.
- Humic/fulvic acids
- Exercise (generates electrons)
- Alkaline water (you must drink alkaline water and avoid other drinks)

Voltage is consumed by or circuits shorted by:

- Scars
- Dental infections (each tooth is wired into an acupuncture circuit. An infection acts like a circuit breaker and drops the voltage so you can't make new cells)
- Heavy metals like mercury, lead, aluminum, and cadmium.
- Other toxins like pesticides, fungus, etc.
- Emotions stored in organs. Emotions are magnetic energy fields. They absorb and block voltage. They also burn out your adrenals.

The outside of cells are made of fats. To absorb fat, you must have bile. The liver makes 1 1/2 quarts of bile per day and that is stored in the gall bladder. We must make sure this system is working.

The inside of most cells is made from amino acids. When you eat a protein, stomach acid breaks it into amino acids so you can make new cells. If you don't have stomach acid, you don't have the amino acids you need to make cells and you become allergic to everything you eat. To make stomach acid requires vitamin B1, iodine, zinc, salt, and water.

Oxygen is necessary for cells to work.

Cells are 70% water. But this isn't just H₂O. It is an electron donor form of water called H₃O₂. The body makes this from alkaline water with the assistance of infra-red light. You need to drink clean, alkaline water and get into the sun. You also can use the infra-red sauna to help the body correct it's intracellular water to an electron donor form.

Making new cells requires raw materials (nutrition) and the voltage to use them. When your thumb is less than -20 millivolts, there are no pharmaceuticals or surgeries that will heal it because there isn't enough voltage to make it heal!

The body knows how to heal most things if you give it the nutrition and voltage to do it.

